

# ANTI-BULLYING POLICY

# **Objectives of this Policy**

- All governors, teaching and non-teaching staff, pupils and parents have an understanding of what bullying is.
- All governors and teaching and non-teaching staff knows what the school policy is on bullying and follow it when bullying is reported.
- All pupils and parents know what the school policy is on bullying and what they should do if bullying arises.
- As a school we take bullying seriously. Pupils and parents are assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

# What is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (eg hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- · Homophobic because of, or focussing on the issue of sexuality
- Verbal name calling, sarcasm, spreading rumours, teasing

## Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. The adults associated with the school will be aware of these possible signs and they will be investigated if a child:

- Is frightened of walking to or from school
- Doesn't want to go on the school/public bus
- Begs to be driven to school
- Changes their usual routine
- Is unwilling to go to school (school phobic)
- Begins truanting
- Becomes withdrawn, anxious or lacking in confidence
- Starts stammering
- · Attempts or threatens suicide or runs away
- Cries themselves to sleep at night or has nightmares
- Feels ill in the morning
- Begins to do poorly in school work
- Comes home with clothes torn or books damaged
- Has possessions go "missing"
- Asks for money or starts stealing money (to pay bully)
- · Has dinner or other monies continually "lost"
- Has unexplained cuts or bruises
- Comes home starving (money/lunch has been stolen)
- · Becomes aggressive, disruptive or unreasonable
- Is bullying other children or siblings
- Stops eating
- Is frightened to say what is wrong
- Gives improbable excuses for any of the above

These signs and behaviours could indicate other problems but the school will consider bullying as a possibility and will investigate.

## Procedures

All adults working within the school will adopt the following procedures:

- Report bullying incidents to staff
- · In cases of serious bullying, the incidents will be recorded by staff
- In serious cases parents will be informed and will be asked to come in to a meeting to discuss the problem
- If necessary and appropriate, police will be consulted
- The bullying behaviour or threats of bullying will be investigated and the bullying stopped quickly
- An attempt will be made to help the bully (bullies) change their behaviour

### Outcomes

- The bully (bullies) may be asked to genuinely apologise. Other consequences may take place.
- In serious cases, suspension or even exclusion will be considered
- If possible, the pupils will be reconciled
- After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

### Prevention

We will use the following methods for helping children to prevent bullying. As and when appropriate, these may include:

- writing a classroom agreement every year
- signing a classroom agreement contract to be displayed in each classroom
- writing stories or poems or drawing pictures about bullying
- reading stories about bullying or having them read to a class or assembly
- making up role-plays
- having discussions about bullying and why it matters (through circle time)

#### Help Organisations

If necessary we will contact the following organisations for further advice and support:

Advisory Centre for Education (ACE)	020 7354 8321
Children's Legal Centre	01206873820
KIDSCAPE (Parents Helpline, Mon-Fri 10-4)	020 7730 3300
Parentline Plus	08088002222
Youth Access	020 87729900