## Curriculum Rationale PERSONAL, SOCIAL, HEALTH & ECONOMIC (PSHE)



## Intent

- Provide a high quality PSHE curriculum that is tailored that reflects the needs of our pupils.
- Create an emotionally-safe, positive environment where the children feel valued and nurtured.
- Equip our pupils with a sound understanding of risk and the principles of personal safety.
- Give our children the confidence to make safe and informed decisions.
- Develop strong personal and inter-personal skills, including self-awareness, managing emotions, motivation, empathy and social skills.
- Celebrate 'being me' and the uniqueness of each individual.
- Explore difficult issues in a supported atmosphere of mutual respect.
- Build foundations and an awareness of drug education, financial education, mental health, relationship & sex education (RSE) and the importance of physical activity and diet for a healthy lifestyle.
- Work in partnership with parents and families.

## **Implementation**

- A carefully sequenced PSHE curriculum allows children to build on prior knowledge and skills whilst building for future projects.
- Whole school focus on oracy supports the use of rich vocabulary to promote good communication skills across all areas.
- Planned whole school and key stage assemblies that highlight important school, local, national and international events, causes, safeguarding issues and offer time for reflection and shared celebration.
- Our Pupil Leadership programme offers children from Y2 to become involved with the running of the school. These include: House Teams, School Council, Digital Leaders, Sports Leaders, Reading Champions and Safeguards.
- A themed approach to curriculum delivery (Cornerstones) offers meaningful contexts through which to explore and discuss important issues.
- 1:1 iPad programme ensures regular discussions about online safety, digital wellbeing and digital reputations.
- High quality texts across the curriculum support projects and provide opportunities to step into the shoes of others; they can offer the chance to gain a deeper understanding of challenging situations in a supported way, eg: refugees, slavery, homophobia.
- REAL PE curriculum focuses on personal bests, fair competition and respect in addition to an emphasis on the effects of exercise on the body.
- Extra-curricular provision including Gymnastics, DT Inventors, Dance, Running Club and Football.
- Planned residentials & trips to broaden horizons and present challenges for the children to overcome in a supported way.

- Our annual Careers Showcase allows children to meet people from all different industries and helps them to see the different paths they may take when they leave school.
- Our annual conservation projects promote the role of children as 'Custodians of the planet'. They become activists for change and work together to shout about an important cause.
- We are a Rights Respecting School (UNICEF); children learn about their rights and how to respect the rights of others.

## Impact

- Children who are confident in their own skin.
- We have respectful working environments where children can openly share their opinions without fear of judgement.
- Children are aware of how to keep themselves safe and healthy and demonstrate this through a variety of curriculum areas.
- Children are aware of how they can keep a 'happy mind' and see this as of equal importance to physical health.
- Children will understand and value the differences and commonalities between people, respecting the right of others to have beliefs and values that are different from their own. They work and play co-operatively.
- Children are ready to move into Y7 with a good understanding of drug, alcohol, financial, and RSE education.
- Children are open about their feelings and ask for help when they need it. They deal with conflict effectively and fairly.
- Children are keen to take on leadership roles and want to support other children in school.
- Children will recognise and stand up for their rights and the rights of others. They use their voice for good and to act for change.
- Parents and families feel involved and supported