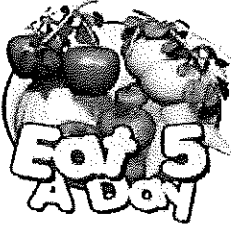
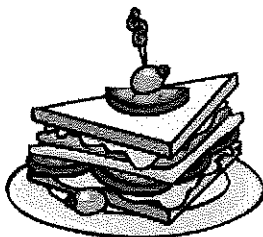
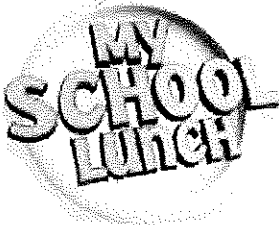


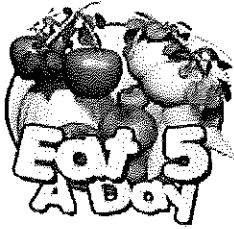
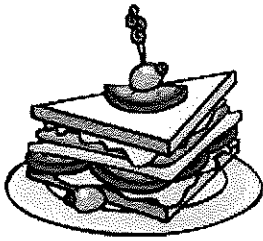

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni</p>	<p>Cowboy Chicken Choose from fresh chicken pieces or Quorn pieces marinated in honey, lemon and garlic, then roasted in the oven and served with savoury rice</p>	<p>Lasagne Choose from either fresh minced beef or Quorn mince cooked with onions, garlic and tomatoes, then layered between lasagne sheets and topped with a Béchamel sauce</p>	<p>Roast Dinner Choose from home roasted leg of pork or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers, salmon fishcake or vegetable nuggets all served with chips</p>
Served with				
Coleslaw & Beans	Mini Corn Cobs	Salad	Carrots & Cabbage	Peas or Baked Beans
or				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Sandwiches A selection of sandwiches will be available daily as an alternative; choose from ham, cheese, turkey and tuna mayonnaise</p>				
  				
And for dessert				
A selection of Ice Cream	Melting Moments	Cupcake	Iced Fingers	Chocolate Brownie's
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And, finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				



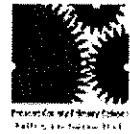
Week2


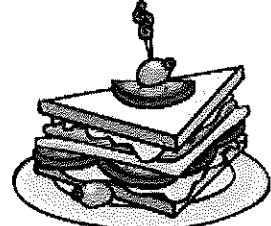
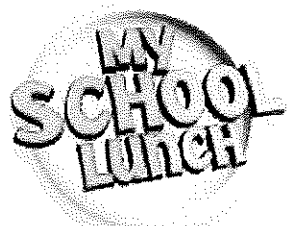


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage & Mash Choose from either a butcher's quality sausage or a Quorn sausage served on a bed of homemade mashed potato with gravy</p>	<p>Beef Stew Chunks of beef cooked slowly with onions, carrots, leeks and potatoes in stock until a rice gravy is form (A vegetarian option is available)</p>	<p>Pulled Pork Slow cooked shoulder of pork with onions, garlic and spices then shredded and mixed with BBQ sauce and served with Apple coleslaw and savoury rice</p> <p style="text-align: center;">or</p> <p>Marinated Quorn Fillet A Quorn fillet marinated in BBQ sauce and served with Apple coleslaw and savoury rice</p>	<p>Roast Dinner Choose from either home roasted breast of turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers, salmon 'dish of the day' or vegetable nuggets all served with chips</p>
Served with				
Peas	Broccoli	Apple Coleslaw	Carrots & Cauliflower	Peas or Baked Beans
Or				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Sandwiches A selection of sandwiches will be available daily as an alternative; choose from ham, cheese, turkey and tuna mayonnaise</p>				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
And for dessert				
A selection of Ice Cream	Chocolate Cookies	Jelly	Flapjack	Lemon Drizzle Cake
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And, finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				



Week 3



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Shepherd's Pie Choose from fresh minced lamb or Vegimince cooked with onions, carrots, tomatoes and herbs and topped with a root vegetable mash</p>	<p>Curry Day Choose from fresh pieces of chicken or Quorn cooked with onions, garlic, ground ginger, cumin, coriander, turmeric, coconut milk and stock both served on a bed of rice with Naan bread</p>	<p>Homemade Pie Day Choose from Chef's Pie of the Day or Cheese Pie both served with homemade mashed potatoes</p>	<p>Roast Dinner Choose from either a home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or sweet chilli salmon fillet, all served with chips</p>
Served with				
Beetroot	Green Beans	Mushy Peas	Carrots & Cauliflower	Peas & Baked Beans
or				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Sandwiches A selection of sandwiches will be available daily as an alternative; choose from ham, cheese, turkey and tuna mayonnaise</p>				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
And for dessert				
A selection of Ice Cream	Rice Crispy Cake	Shortbread	Chocolate Muffin	Iced Sponge
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And, finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				